

There's a Hole in My Sidewalk

1:

I walk down the street. There is a deep hole in the sidewalk. I fall in. I am lost... I am helpless. It is not my fault. It takes forever to find my way out. II: I walk down the same street. There is a deep hole in the sidewalk. I pretend I don't see it. I fall in. I can't believe I am in the same place. But it isn't my fault. It still takes a long time to get out. III: I walk down the same street. There is a deep hole in the sidewalk. I see it there. I still fall in...It's a habit. My eyes are open. I know where I am. It is my fault. I get out immediately. IV: I walk down the same street. There is a deep hole in the sidewalk. I walk around it. V: I walk down another street.

1993, Portia Nelson from the book, *There's a Hole in My Sidewalk*, Beyond Words Publishing, Hillsboro, Oregon. Autobiography in Five Short Chapters

Journey to enlightenment